Alestrack Powerbley Delupe Walking The les a welking stick is generally known as a lightweight, straight, rigid wooden stiels, was held in one hand, used as an aid in walking. Rowerblex Deluxe Walking Stuber one designed to be used in pairs, the Desen ad in walking, 5 and to exercise and tone the upper body muscles. The essential beature, (and the invention) is the curved and slightly flexible shaft, which has a shock absorbing and power releasing effect.

(imagine a cross country skier without slais or snow)